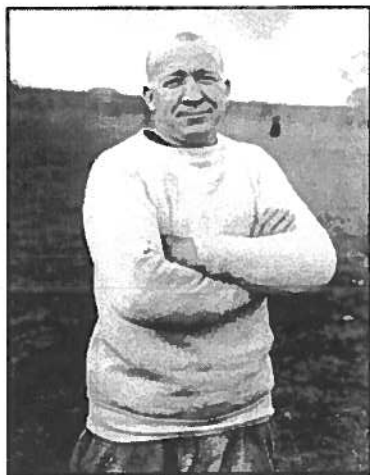


"No Frills" Football Coach's 2011 Clinic



March 5, 2011
Gates Chili High
School Field House
8:00AM-1:00PM

All Levels Welcome

web.mac.com/xdawg

Pre-Registration Fee \$25.00
\$30.00 at door

"No Frills" Football Coach's
Clinic
Gates Chili Field House
March 5, 2011

Name _____

Address _____

City/Zip _____

E-Mail _____@_____

Organization/Level _____

Phone # _____

Years Attended Clinic _____

Checks Payable and sent to:
G's Athletics

G's Athletics
565 Raspberry Patch Dr
Rochester, NY 14612

Gates Chili High School
Field House
910 Wegman Rd, Rochester NY
14624

Directors

George Giordano
(585)-563-6400
xdawg1@hotmail.com

Jason Benham
(585)-247-5050
jason_bcnham@gateschili.monroe.edu



**ATTENTION
YOUTH FOOTBALL
COACHES!**

We have added sessions
that pertain strictly to the
improvement of Youth
Football

web.mac.com/xdawg

"No Frills" Clinic Staff

Jeff Ambrosie Offensive Coordinator and Offensive Line Coach, University of Rochester
Coaching stints include St. Francis, University of Pittsburg, & Union (KY)
www.rochester.edu/athletics/football/coaches

Jason Collins QB Coach Rush Henrietta High School, QB Camp Director
Former Division 1 Quarterback at Iona
New York State Class AA Champions 2010
Section V Champions 2007, 2010

Dan Fichter Wannagetfast, Defensive Coordinator McQuaid High School
Section V Football and Brockport State Hall of Fame
www.wannagetfast.com

Jim Johnson Head Basketball Coach Greece Athena, Motivational Speaker
Section V Champions 2006, 2007, 2009 Over 325 wins
www.coachjimjohnson.com

Keith Molinich Head Coach, Pittsford High School
15 Years of Coaching Experience in Pittsford
www.pittsfordschools.org

Joe Montesano Head Coach, Rush Henrietta High School
New York State Class AA Champions 2010
Section V Champions 2007, 2010

Rocco Salomone Head Coach, College at Brockport
20 Years of Coaching Experience at Brockport NCAA Tournament appearances 2000-2003
www.gobrockport.com

Rob Snedden Greece Cardinals & Greece Arcadia High School
Former Head Coach Aquinas Institute & Defensive Coordinator Greece Olympia
Master Teacher of the Game at all Levels

No Lunch, No Door Prizes, Just Football!

This is a great opportunity to talk football with local college and High School Coaches. Basic football wins games! This clinic focuses on fundamentals, techniques, schemes and philosophies that can be used from the youth leagues through college ranks.



**"No Frills"
Football
Coach's Clinic
March 5th, 2011**

Registration (8:00am-8:55am)

Session 1 (9:00-9:50)
Key Note Jim Johnson
"Dreams Really Do Come True"

Session 2 (10:00-10:50)
Gym 1 **Rocco Salomone**
Brockport's Defensive Line Play
Gym 2 **Joe Montesano**
Multiple Tempo Offense
Gym 3 **Rob Snedden (Youth)**
Maximizing Youth Practice Time

Session 3 (11:00-11:50)
Gym 1 **Keith Molinich**
3-3 Fronts, LB Play & Blitz Package
Gym 2 **Jeff Ambrosie**
Zone Blocking Progressions
Gym 3 **Jason Collins (Youth)**
Developing the Quarterback

Session 4 (12:00-1:00)
Speed Training
Dan Fichter
"Filling Your Speed Toolbox"

web.mac.com/xdawg